

Welcome to the Patkha Presentation 2010



The Patkha



Why does
Hirdhe wear a
Patkha on his
head?

Hirdhe is a Sikh



- Sikhism originated in Northern India about 500 years ago by Guru Nanak Dev Ji
- Sikhism is currently the 5th largest religion in the world
- The 1st Sikhs settled in the US as early as the 1800s

- Hírdhe's Grandparents came from Northern India to the United States in the 1970s
- Hírdhe's Father was born in White Plains Hospital and attended Greenville/Edgemont Schools
- Hírdhe's Mother was born in India and was raised and educated in America
- Hírdhe's parents practice their Sikh religion and beliefs

Hírdhe's Family





GREENVILLE
SCHOOL
1981-82
E HOWARD

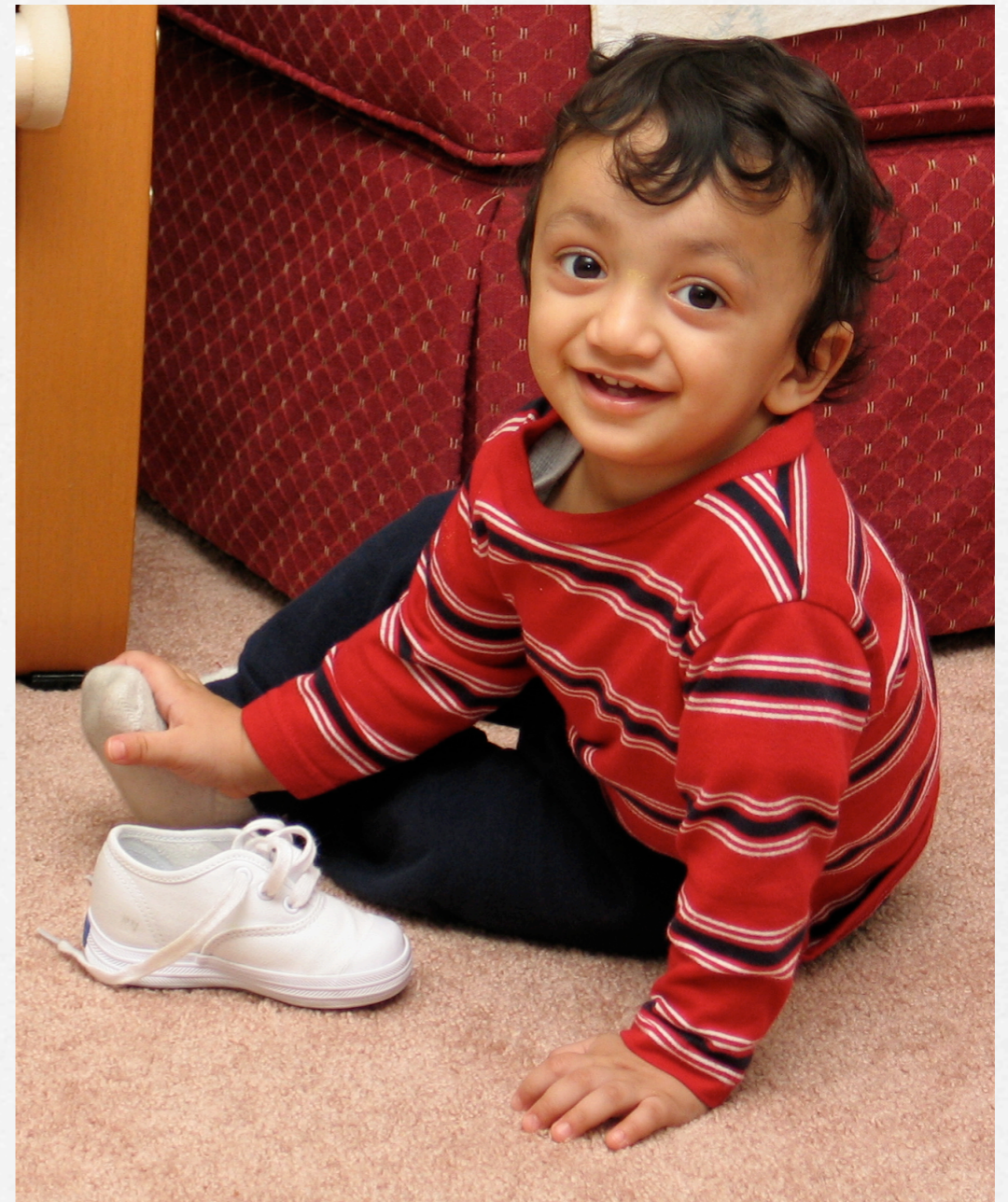




Core Sikh Beliefs

- Nam Japna - Remember / Believe in One God
- Kirth Karna - Earn an honest living (Do not live your life hurting anyone)
- vand Chhakhna - Help Everyone
- Everyone is equal - No one is better than any other

Hírdhe was born in
New York



Here he is growing...

The Many Types of Sikh Head Coverings



Rumal

- Rumal: Small cloth that covers a combed bunch of hair with a rubberband
- Patkha: Covers a Jurha (bun of hair) and is tied at the top of the boy's head



Patkhas





Keski and Dastaar



Keski

- Keski: Medium sized cloth for both girls and boys who are older and can tie by themselves
- Dastaar (Sikh Turban): Large sized cloth for girls, boys, men and women



¹ Pauri means stair, i.e., the first few stanzas of the Guru Granth Sahib.

Dastaar

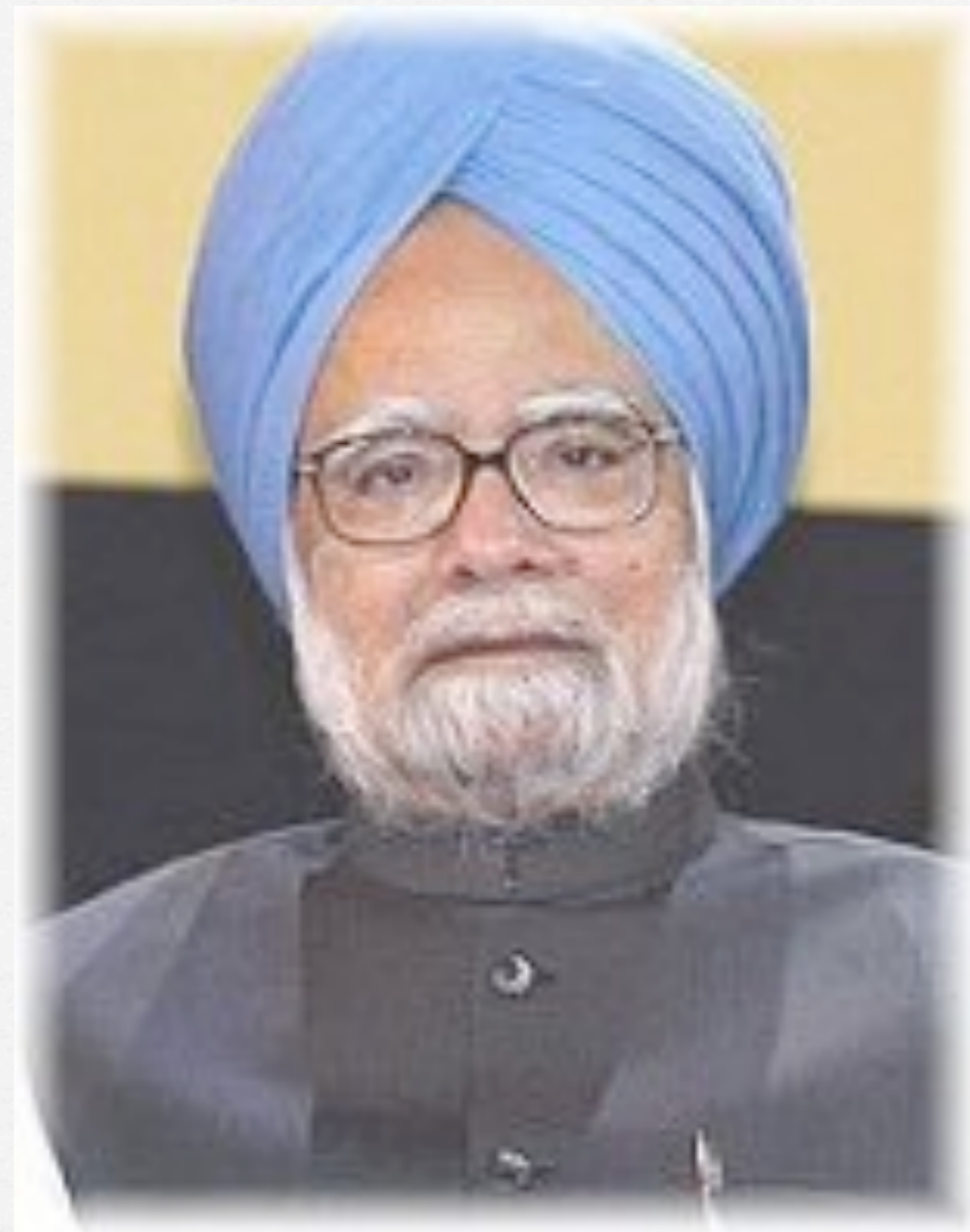
Who wears them?

- ❑ Only Sikh boys wear Patkhas
- ❑ Girls wear Chunnis to cover their head
- ❑ As they grow both Sikh girls and Sikh boys wear Keskis and Dastaars (Sikh turban)
- ❑ 99% of all people in America wearing turbans are Sikhs
- ❑ Sikhs are peaceful and humble



Sikhs in Everyday Life

Manmohan Singh -
Prime Minister of
India





Fauja Singh
Marathon runner
with world record in
his age bracket

Monty Panesar

Professional cricket player
(plays for England Cricket
team)





Sandeep Caberwal
Lawyer, Owner of
Tavalon Cafe and
model for Kenneth
Cole

Dr. Narinder Singh Kapany



- Widely acknowledged as the father of fiber-optics.
- Dr. Kapany has over one hundred patents. His research and inventions have encompassed fiber-optics communications, lasers, biomedical instrumentation, solar energy and pollution monitoring.

Waris Ahluwalia

Actor in movies "The Inside Man" (starring Denzel Washington), "The Life Aquatic" and "The Darjeeling Limited".





I.J. Singh

I.J. Singh is a New York based author and speaker on Sikhism in the Diaspora and a Professor of Anatomy at NYU School of Dentistry.



Amric Singh
NYPD Police Officer

Baltej Singh Dhillon
First Royal
Canadian Mounted
Police

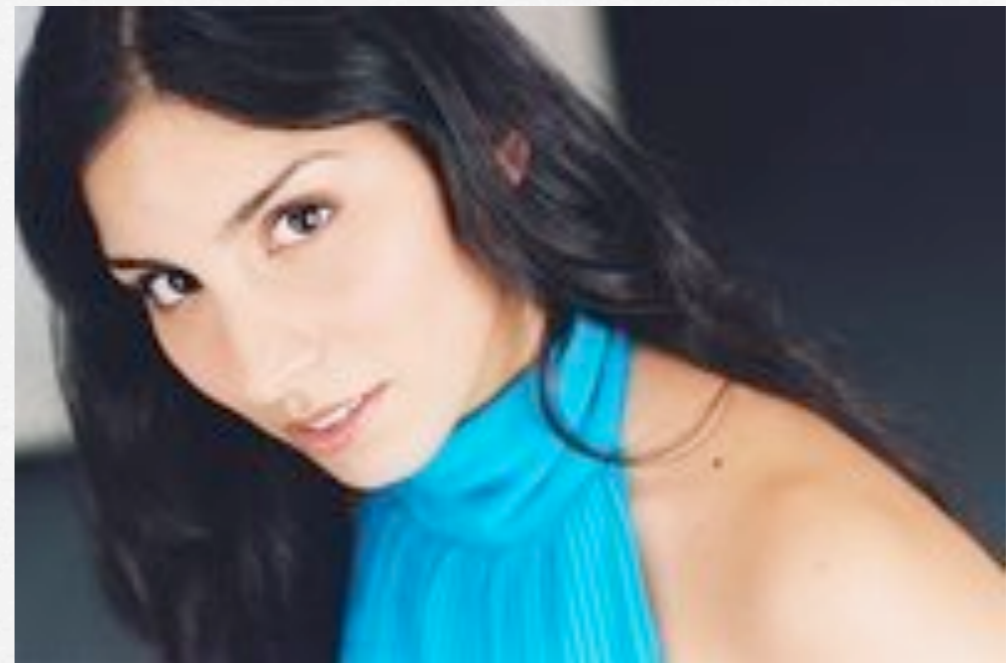


Snatam Kaur
American singer
and songwriter.



Meetu Chilana

Currently touring
with Cirque de sole
Performer, singer
and actress.





Manpreet Singh
Singer and Songwriter
is Hirdhe's Dad

Drs. Avtar Singh and
Baldev K. Singh
Physicians in
Westchester Hospitals
and Hirdhe's
Grandparents



What is a Patkha?

A thin cotton piece of cloth dyed in any color to cover, protect and keep uncut hair clean, together and groomed.

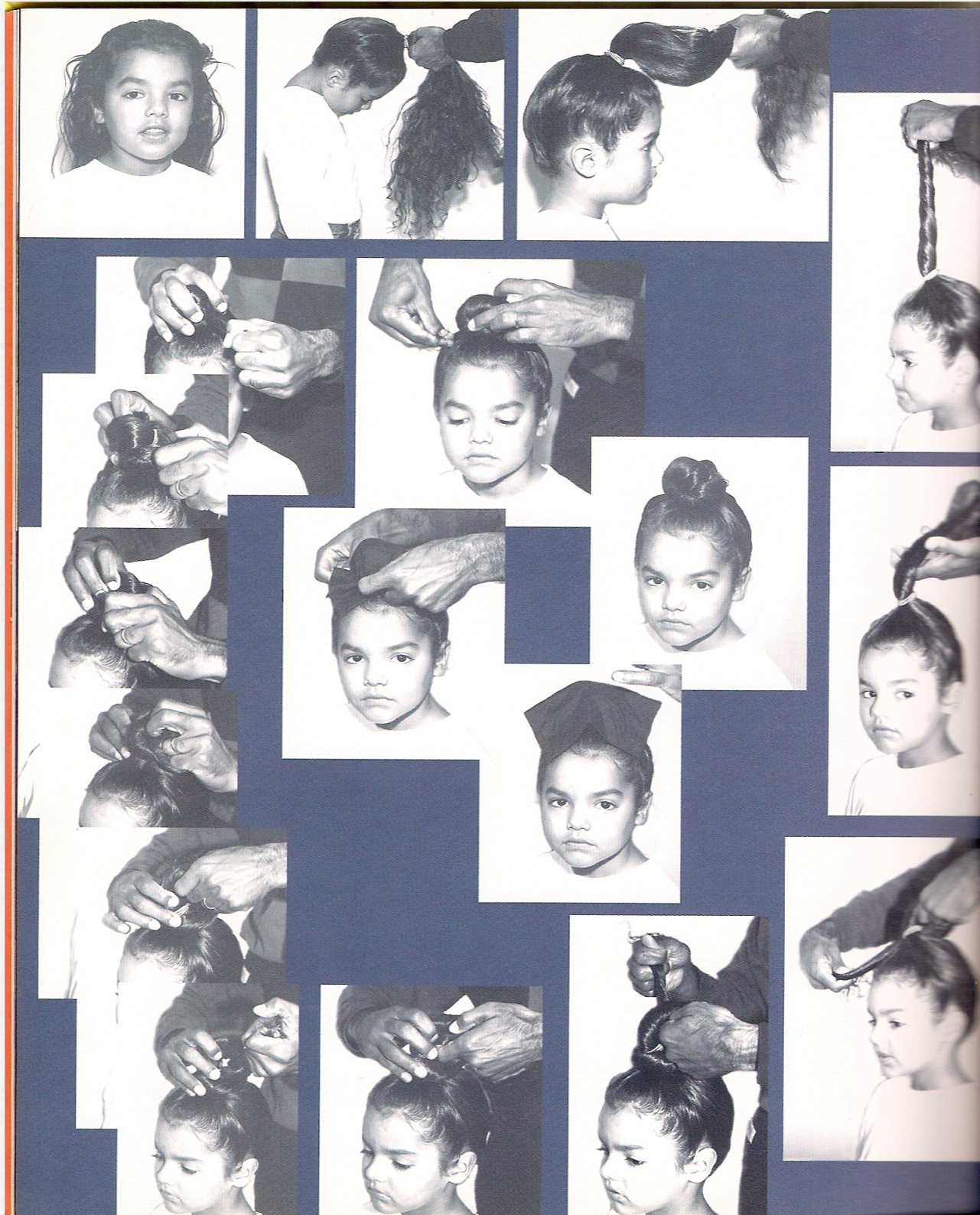
What does a Patkha look like?

- Rectangular shaped cloth with 4 strings at each corner
- Three of the sides are hemmed and the unhemmed side is placed on the forehead



Hírdhe before he tíes patkha







Tying a Dastaar (Sikh Turban)



Gurpurab Festivities

- Gurpurabs are on days throughout the year. On these days we honor the lives and teachings of the Sikh Gurus (Teachers).
- Gurpurabs are celebrated in similar ways to Christmas, Hanukkah, Easter, Passover, Divali, Ramadan and other religious events in that Sikhs celebrate in their homes and have Gurdwara (Sikh Church) services with special importance given to each Guru's contributions, struggles and philosophy. Some Sikhs also sing Hymns (Shabad Kirtan), share gifts and do community service (sewa).



Here is something sweet for you

Ingredients of Kara : Flour, sugar, butter and water

More Information

- For more information on Sikh Hate/Bias Crimes the following documentaries are available:
- "Divided We Fall, Introduction to..." available on YouTube
- "US prejudice: 9/11 fears put Sikhs on scare list ..." available on YouTube
- Please visit the PBS website in CA at <http://www.kvie.org/education/default.htm>. "Meet The Sikhs" is a 4-minute video about the Sikh Community
- www.sikhismguide.org

References

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- Barrow, Joy. "Sikhism", Whitecap Books, North Vancouver, BC, 2004.
- Coutts, John. "Sikh Festivals", Heinemann Library, Crystal Lake, IL, 1997.
- Singh, Jasprit. "Style of the Lion: The Sikhs", Akal Publications, Ann Harbor, MI, 1998.
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Thank you!